

Gymjive Regulation

Tuesday, 25 October 2022

4:23 pm

- Wellbeing is important in atmosphere promoting a relaxed environment for massage.
- Screening assesses need for massage and brings up contraindication.
- Massage is therapeutic if applied as when and how required, a treatment plan will be drawn up post screening after profiles interviewing and testing.
- The massage is done with draping and support in a comfortable position. Everything that will be carried out in the treatment designed for the hour consultation allocated to the client will be explained before the massage is applied and only the mentioned contact.
- Recommendation and feedback can be delivered to gauge satisfaction and improve the service.
- Insurance is available as a payment method as well as American Express Cash or Eftpos after treatment satisfaction.
- The purpose of the treatment is to treat with therapy repetitive strain injury that limits range of motion and brings the client from limited Range Of Motion ROM to Full ROM.
- In some cases inflammation can be a temporary contraindication and some physical conditions otherwise and open wounds and broken bones are contraindications and massage is not permitted until late stages of recovery massage can treat scar tissue. Oedema usually permits massage as it is lymphatic rather than inflamed. High and low blood pressure is treated carefully and helpful instruction to reduce risk of increase blood circulation and fainting will be given such as waiting in a seated position before getting up off the table. In relation to palliative care even if massage is a contraindication in the particular condition present in the prospective client a doctor may override the concern of increased illness and may permit massage for comfort as more important.
- The treatment time will need to be amiable for the client and therapist that is when required and available and time set aside by client to receive massage as well as time required to achieve treatment plan goals.
- Massage uniform is long black semi-dress pants black shoes covering the toes and a plain tee with or without collar and minimal prints. Be prepared for a professional or the massage quality may be poor. Gymjive appreciates quality.
- Disease is a contraindication please clean as well as the therapist is to be clean before during and post the massage. As even bad germ flora may prohibit contact especially readily dangerous during this COVID period.
- Forms will be taken on the day and on ClinicSense kept prior to massage and kept for you on file. A massage therapist may refer you to a doctor if five treatments do not improve your pain and severe limit in ROM, however your commitments are your choice as a client you will not be forced to adhere to the suspicion that you require a diagnosis as it hasn't responded to massage treatment.
- Five consultation of one hour is usually maximum massage per year however may short that amount to three to five massages are recommended.
- Gymjive thanks you for your attention wishes you all the best and appreciates your feedback www.eposhoperation.net